

**Bracknell Forest Council  
Record of Decision**

<b>Work Programme Reference</b>	<b>I073560</b>
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1. **TITLE:** Adult Weight Management Service in Bracknell Forest

2. **SERVICE AREA:** Adult Social Care, Health & Housing

3. **PURPOSE OF DECISION**

To award the contract to provide a community based service to improve the health and well-being of overweight and obese adults by supporting them to achieve and maintain a healthier weight and improve physical fitness through making appropriate and sustainable lifestyle changes to their eating and physical activity habits.

4. **IS KEY DECISION** Yes

5. **DECISION MADE BY:** Consultant in Public Health

6. **DECISION:**

**RESOLVED** that the Adult Weight Management Service contract commencing 1<sup>st</sup> April 2018 is awarded Tenderer A.

7. **REASON FOR DECISION**

This contract will ensure that residents of Bracknell Forest can access a T2 Adult Weight Management service that is focussed on achieving the best healthy weight outcomes for people.

8. **ALTERNATIVE OPTIONS CONSIDERED**

Not procuring a service would leave Bracknell Forest as the only Unitary Authority in the region without funded a weight management service for obese residents. Given the high cost and uncertain quality of many commercial programmes, this would result in many people unnecessarily remaining obese.

9. **PRINCIPAL GROUPS CONSULTED:** None.

10. **DOCUMENT CONSIDERED:** Report of the Director of Adult Social Care, Health & Housing

11. **DECLARED CONFLICTS OF INTEREST:** None

<b>Date Decision Made</b>	<b>Final Day of Call-in Period</b>
24 January 2018	31 January 2018